



*A
Merry
Christmas,
a few days of rest
Time to go out for a walk
and let the thoughts wander
to have time for yourself, for the
family, and for friends. Time to gather
strength for the New Year. A year without
fear and great sorrows, with as much success
as you need to be satisfied, and only as much stress
as you can take to keep well and fit, to stay with as little
trouble as possible, and as much pleasure as necessary, to be
happy for 365 days. This Christmas tree of best wishes
is sent by me with lots of love*

Ulrike