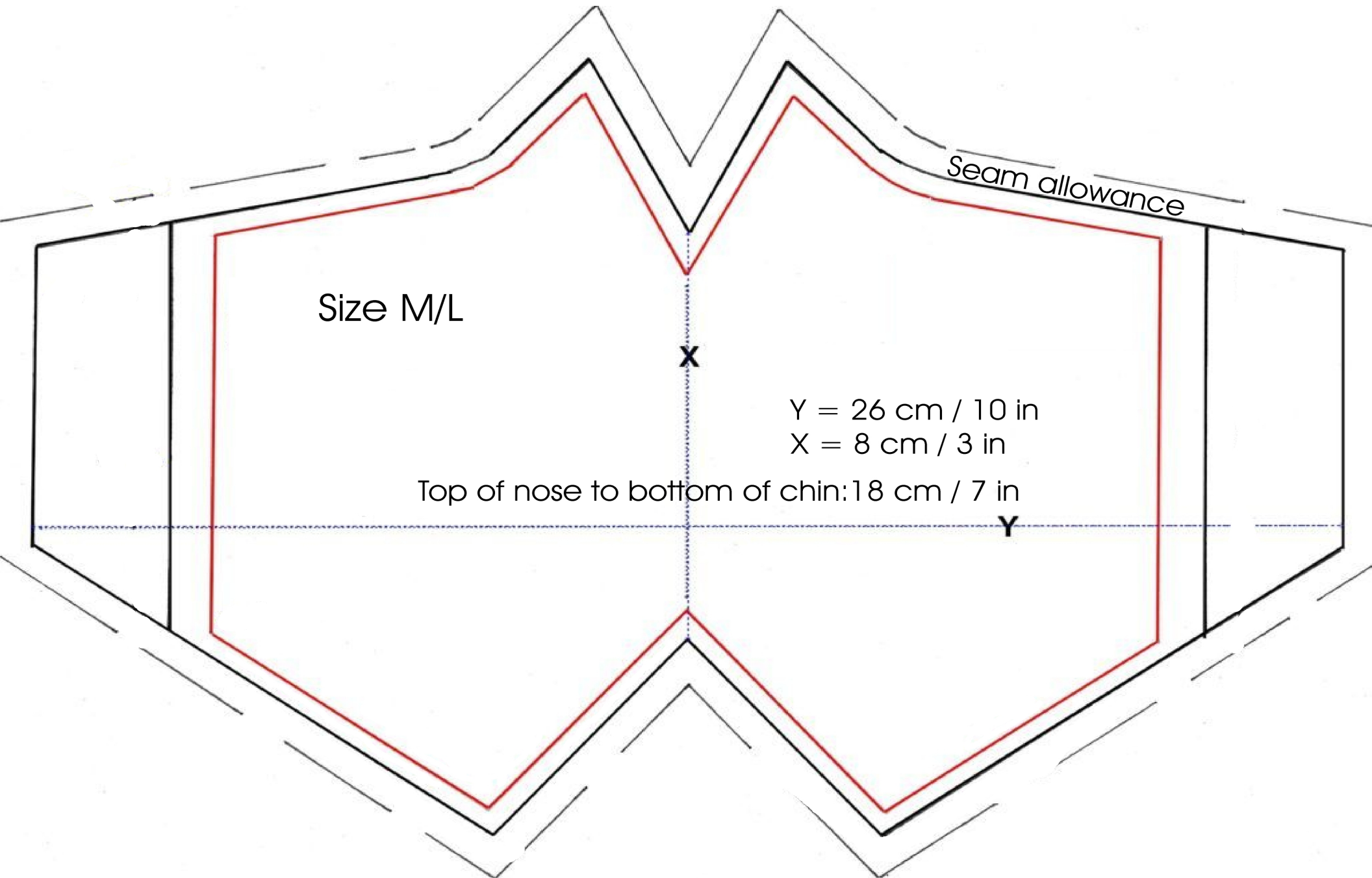


# Washable Universal Face Mask



# Instructions

**Supplies needed:** Two 11"/28cm X 8"/20 cm pieces of fabric. Use two different fabrics for a reversible mask. Fine interfacing to go between layers, if desired. Two lightweight hair ties for ear loops, three if you wish to loop the loops behind the head, OR two longer loops of narrow, flat sewing elastic, one for each side, to link behind the head.

Note: The seam allowance on this pattern is 1/2 inch (1.5 cm). When the mask is completed, but for the insertion of the elastic ties, check the fit. The mask should stop just short of the ears. Sizing may be adjusted before inserting the elastic, by turning in a larger seam allowance before stitching the ends.

1. Print out the mask pattern from the template above, then glue it to cardboard to make a re-usable form. Measure two pieces of desired fabric and trace the pattern on wrong side with pencil, pen or tailor's chalk. If interfacing is used to add an extra layer of protection (optional), insert it between the two pieces of fabric. Cut out all pieces individually.

2. Pin the interfacing, if used, to the wrong side of either the front or back mask fabric, then join it to the fabric by stitching at the nose and chin darts indicated by the deep 'V's' in the centre of the pattern. Stitch the nose and chin darts on the second piece of fabric. The larger 'V' is the chin dart, the smaller for the nose.

*Note: A small piece of thin plastic coated wire (or a twist tie) can be sewn into the upper seam above the nose dart, to allow a tighter fit.*

3. With right sides together, sew the front to the back along the top and bottom, over the darts, leaving the two ends open. Turn right side out.

4. Cut two pieces of elastic to measure behind head from the ends of the mask on both sides (or use hair ties, if desired). Two lightweight hair ties work as individual ear loops, one sewn into each side, but three can be linked to go behind the head and give it a better fit, with less pressure on the ears.

5. Turn under the end piece edges about 1/2 inch, making sure of the fit of the mask (it should be just short of the ears), then insert the elastic or ties. If using elastic, use one piece of looped elastic for each end, then link the loops behind the head before sewing them into the mask. This helps prevent chaffing behind the ears and gives a tighter fit. Sew across the ends to capture the elastic.